

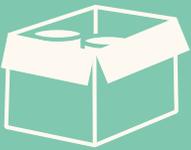
# WHAT DO WOMEN'S SHELTERS REALLY NEED?

## MONEY OR STUFF?



### **MONEY** HELPS KEEP THE SHELTER DOORS OPEN

- helps to provide program services free of charge
- services include: shelter, outreach, children's group programs, family court support, transitional housing, helpline, walk-in support and more



### WOMEN'S SHELTERS WOULD NOT BE ABLE TO OPERATE WITHOUT THE **ITEM DONATIONS** THE COMMUNITY PROVIDES

- check with your local shelter for needed items lists, which often include: laundry soap, paper products, coffee, cereal, unused personal needs items and daily household supplies
- women and children often arrive with few personal items
- care packs can go a long way to make someone feel welcome, these include: new pyjamas and slippers, underwear, socks, personal need items like shampoo and toothbrushes, and a teddy bear and game for each child



### **GENTLY USED** ITEMS CAN BE TRICKIER

- ask yourself whether or not you would wear the items you are donating
- many shelters are not able to accept used baby equipment or furniture due to health and safety reasons
- gently used linens, blankets and towels, and new pillows are always appreciated

**THE ANSWER IS: BOTH. BOTH MONETARY DONATIONS AS WELL AS ITEM DONATIONS ARE HIGHLY NEEDED AND MUCH APPRECIATED BY SHELTERS.**

**Check out your local shelter's website or contact them to find out what items they are most in need of at any given time.**



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