



**NFF Community Leaders Training Agenda – Facilitator Notes
Day 1**

9:00	Welcome and Introduction	<p>Our purpose here for the next 2 days is to offer you a chance to work together to:</p> <ul style="list-style-type: none"> • Review the research and theory behind the NFF campaign • Explore some facilitation tips that might support your work • Explore the presentation materials in ways that help you to expand your outreach in your communities • Tackle some of the tougher areas including helping your participants to address some of the more challenging areas as well as practice answering the FAQs that you might need to face
	Review Agenda (Day 1)	<ul style="list-style-type: none"> • The first part of the morning is a presentation • After break we will present the Short Presentation that can be used for a variety of groups – and you will be acting as the audience (just to add some challenge to us!) • We have a facilitation skills checklist for you to continue to monitor your already fabulous skills and knowledge – which we will begin today and review again tomorrow • The Short presentation can be expanded with the addition of the video so in the afternoon we will demonstrate the way we present this, along with a debrief and discussion (again you can act as the audience) • We will also take some time to facilitate a discussion on Ways to Support a Woman Who is At Risk Of Future Harm and move quickly into exploring the Key Resources in your own communities • And lastly we will begin examining your own community campaign and presentation possibilities.

		<ul style="list-style-type: none"> You have some reading to take home and some of you may want to volunteer to co-facilitate parts of tomorrow
	PPT	See ppt Facilitation Guide
10:15	Break	
10:30	NFF Public Presentation	<p>Introduction</p> <ul style="list-style-type: none"> This Public Presentation can be delivered quickly in about 45 minutes. It covers the basics in a presentation situation where you do not have time for much discussion It includes the PSAs but not the video It is designed to expand for discussion at various times and with the video it can take up to 90 minutes We will present this now without the video You can have some fun being the audience! <i>(allow some time at the end for comments and feedback)</i> <i>(the checklist will allow Leaders to do a private self-check of areas they have concerns about after watching the Short Presentation)</i>
11:30	Facilitation Skills Self-Check	<p>Have a look at this checklist of NFF facilitation skills. It is a fairly detailed list of everything we could think of that you might want to consider. This is your own self-check list so we will not ask you to share it in the group.</p> <p><i>(Wrap-up with any concerns the participants may want to share openly)</i></p>
12:00	Lunch	<i>Consider rearranging table groups when participants return for the afternoon</i>
1:00	Documentary	<p>We thought we'd show the documentary (which you have all seen) and then facilitate a discussion – much like the ones some of you have already had.</p> <p><i>(Wrap-up by inviting participants to share any challenges they have experienced in showing the video)</i></p>
1:30	Supporting a Woman Who is At Risk	<p><i>Small Group Work – maximum 8-10 per table</i></p> <ul style="list-style-type: none"> You have a handout with the Deb Ashby quote from the video and 3 possible discussion questions that you can use if time permits when you are showing the NFF Short Presentation.

		<ul style="list-style-type: none"> • This is one spot where you can ask participants to use their pamphlets to problem-solve ways that support can be offered. • In your groups, please review the questions in terms of how you might use this type of discussion in your communities <p><i>(Wrap-up by asking groups to share any comments they like about their discussions)</i></p>
2:00	Key Resources	<p>In our experience, the Neighbours Friends and Families of a woman being abused generally seek 3 main areas of information:</p> <ol style="list-style-type: none"> 1. How to understand situation, (choices and thoughts) of a woman experiencing abuse (many myths to address here) 2. What to say or do (and issues around hesitation to help) 3. How to seek support and information for themselves (observers of woman abuse often have a very difficult time) <p>This is why we suggest these 3 questions. In terms of the 3rd question: Part of your role is to connect potential Neighbours Friends and Families to the organizations in your area that can provide support and information as well as let those organizations know in advance about the NFF campaign.</p> <ul style="list-style-type: none"> • <i>(Ask participants to call out the various ways that they have communicated already with antiviolenace organizations that exist in their communities)</i> • <i>(Wrap-up by suggesting that a personal letter of introduction about NFF, an offer of an agency presentation as well as to provide workshops to stakeholders, along with a package of pamphlets and safety cards would be ideal)</i>
2:30	Break	
2:45	Who Is In Your Community?	<p>When the Neighbour, Friend or Family member of an abused woman or an abusive man consider their actions – they should be reminded that they are thinking about someone they KNOW.</p> <ul style="list-style-type: none"> • Many potential Neighbours Friends and Family members worry that they are being asked to intervene

		<p>with strangers – taking on an issue that they feel is to big to manage.</p> <ul style="list-style-type: none"> You have a handout that asks participants to brainstorm their NFF relationships. <p>You can use this now to explore your own NFF relationships:</p> <ul style="list-style-type: none"> To think about your audience experience in considering this To think about your own NFF relationships in ways that may expand your own plans for NFF information sharing. <p><i>(Wrap up by asking if anyone identified new plans for sharing NFF in particular community groups/areas)</i></p>
3:30	Reading for tomorrow CLOSURE	<p><i>(Hand out Facilitation Tips and ask participants to review FAQs for tomorrow)</i></p> <p><i>(Ask for 1 to 3 volunteers to co-facilitate tomorrow- you need at least one to try out the Short Presentation. If you have another, they can co-facilitate the Talking with Abusive Men section much the same way as the Supporting As Abused Woman section was done today. A third – if available can help with the FAQ activity).</i></p>



Neighbours, Friends & Families

NFF Community Leaders Training Agenda Day 2

9:00	Welcome Back	<p>Welcome back! Please think of one word that describes your evening last night. Now we are going to do “the wave”. Call out your word as fast and loud as you can! <i>(start at one end and move through each participant)</i></p>
	Review Agenda (Day 2)	<p>Today will include some co-facilitation from the group We will also tackle some FAQs that you can expect to encounter. Some of you will have already encountered these so you will have a chance to share your knowledge with the large group today.</p>
9:30	Handling Difficult Questions	<p><i>(Some preparation for this may be required in advance. The room needs to have some sense of separation down the center. If the tables do not allow this, a long piece of party streamer can be used to delineate this).</i> <i>(Ask that anyone who is NOT sitting bedside someone that they just met yesterday quickly move to the opposite side of the room. The two sides will not be equal but they should be fairly close).</i></p> <p>Rules of the Game:</p> <ul style="list-style-type: none"> • Have your FAQ information ready using the Community Action Kit starting on page 21. • Think of ONE challenging FAQ from the Community Action Kit, or you can think of one that has been posed to you in your NFF work. • One side of the room will be asked for an FAQ. The first hand up gets to ask. The other side of the room is asked for an answer – the first hand up gets to answer. Then we switch for the next FAQ. Once you have asked your FAQ you cannot ask again (unless you can

		<p>convince the person next to you to forfeit theirs and ask yours).</p> <ul style="list-style-type: none"> If you have already answered an FAQ your hand will not be recognized first – but in moments of desperation you might still have a chance to answer! <p><i>Tips:</i></p> <ul style="list-style-type: none"> <i>(Facilitator(s) should try to seek answers from first-timers)</i> <i>(Hand-up answerers with additional information should also responded to)</i> <i>(Facilitators should quickly add important/missed information if this occurs)</i> <i>Keep up a quick pace and encourage humour</i> <i>Encourage participants to “look-up” their answers in the Community Kit if they are not sure. In fact, checking for information among NFF materials is good role-modeling</i>
10:15	Break	
10:30	Talking To Abusive Men	<p><i>Small Group Work – maximum 8-10 per table</i></p> <ul style="list-style-type: none"> You have a handout with the two men talking and 3 possible discussion questions that you can use if time permits when you are showing the NFF Short Presentation. This is one spot where you can ask participants to use their pamphlets to problem-solve ways that support can be offered. In your groups, please review the questions in terms of how you might use this type of discussion in your communities <p><i>(Wrap-up by asking groups to share any comments they like about their discussions)</i></p>
	Identify Key Resources	<p>In our experience, the Neighbours Friends and Families of an abusive man generally seek 3 main areas of information:</p> <ol style="list-style-type: none"> How to understand situation, (choices and thoughts) of a man who is abusive (many myths to address here) What to say or do (and issues around hesitation to help) How to seek support and information for themselves (observers of woman abuse and their abusers often

		<p>have a very difficult time) This is why we suggest these 3 questions. In terms of the 3rd question: Again, part of your role is to connect potential Neighbours Friends and Families to the organizations in your area that can provide support and information as well as let those organizations know in advance about the NFF campaign. <i>(Ask participants to call out the various ways that they have communicated already with organizations that can offer help to an abusive man</i></p>
11:30	Facilitation Skills Self-Check List	This is a quick review opportunity to see if your answers have changed.
12:00	Lunch	
1:00	NFF Public Presentation	<p><i>(Presented and debriefed this time by a volunteer facilitator)</i> <i>Make sure the facilitator gets a round of applause after the feedback and discussion)</i></p>
2:15	Break	
2:30	Overcoming The Hesitation to Help	<ul style="list-style-type: none"> • <i>(Participants are asked to refer to the How To Talk To Men Who Are Abusive brochure).</i> What Points of Concern have been hearing when you speak to public groups? • How do you address these? <i>(Seek response and information from the group)</i>
3:30	Evaluation	
4:00	CLOSURE	<i>Have participants turn to the person on their left and let them know about one contribution they noticed that they made to the two days.</i>