

# IF IT'S NOT A HELL YES, IT'S A FIRM NO #IASK

If consent isn't active, enthusiastic, ongoing, informed, retractable, and sober, it's not consent.

## Consent is...

### VOCAL

More than just the absence of “no”, consent requires “YES!”

### CONTINUAL

Consent is needed every time and can be withdrawn anytime.

### CLEAR

What both people want to do and not do is discussed, not assumed.

### ENGAGED

Both people use verbal and nonverbal cues to show they are into it.

To learn more about consent visit:  
[uwo.ca/health/student\\_support/survivor\\_support](https://uwo.ca/health/student_support/survivor_support)

