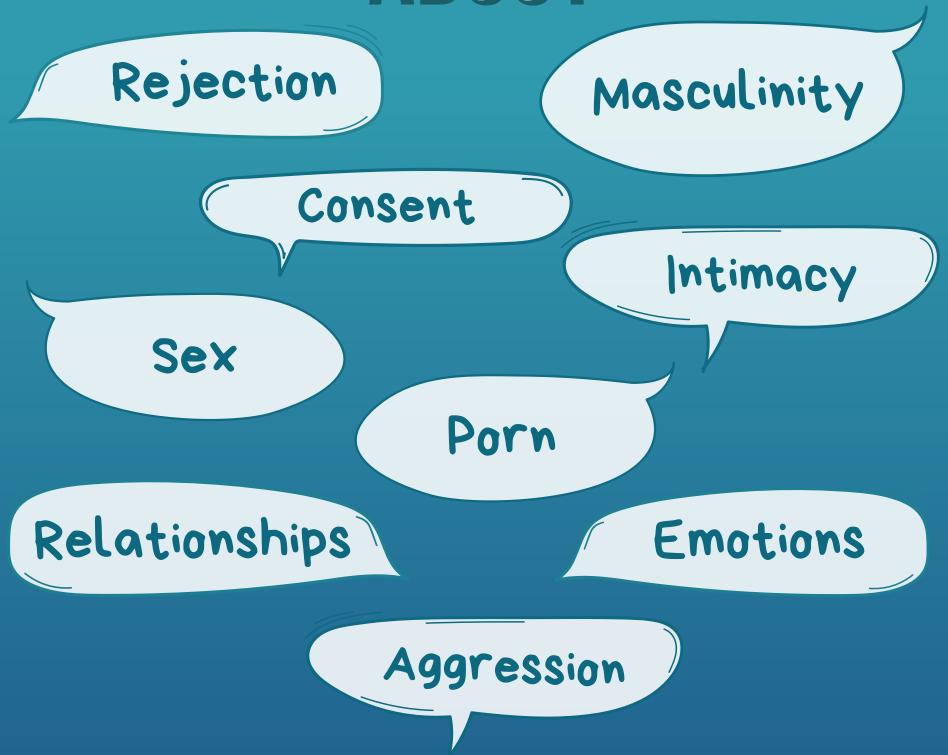
IT'S WORTH TALKING ABOUT



It's ok to have questions. Check out Man|Made: uwo.ca/health/manmade.html

Western Gender-Based Violence & Survivor Support Case Manager: 519-661-3568 or email support@uwo.ca

Anova 24-hour crisis & support line: 519 642-3000

Regional Sexual Assault and Domestic Violence Treatment Program 24/7 St. Joseph's Hospital, 519 646-6100 ext 64224

CMHA Crisis Centre & Reach Out 24/7 Crisis and Support Services: 519 433-2023

Carrefour des Femmes du Sud-Ouest de l'Ontario, 24-HR Crisis & Support Line: **1-877-336-2433**

Talk4Healing (available in 14 different Indigenous languages): 1-855-554-HEAL







