

Who are the Neighbours, Friends and Family members  
that make up my community?



YOU



Tips

- |                            |                          |
|----------------------------|--------------------------|
| Neighbour                  | Cultural Association     |
| Social Club                | Sport/Health Club        |
| Cultural Association       | Workplace                |
| Book Club                  | Board of Directors       |
| Parenting Group            | Friend                   |
| Parent Teacher Association | Immediate family         |
| Faith Community            | Extended family          |
| Women's Group              | Activist Group           |
| Men's Group                | Fundraising Organization |
| Political Organization     | Pet/Nature Group         |

## Indicators for Risk of Future Harm



“ I'd say pack your bags  
we're going... then  
she'd say  
“Everything's ok – I  
can smooth this  
over... I want to stay  
in my house – I don't  
want to disrupt my  
kids

(Deb Ashbee)



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Pamphlets: How You Can Identify And Help A Women At Risk Of Abuse  
Safety Planning for Women Who Are Abused

1. What might the woman at risk be thinking and feeling?

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2. What might the friend say or do?

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3. What would you say to the friend if she came to you for support and information?

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## What Can I Say?



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Pamphlet: How To Talk To Men Who Are Abusive

1. What might the man be thinking and feeling?

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2. What might the friend say or do?

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3. What would you say to the friend if he came to you for support and information?

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