IF IT'S NOT A HELL YES, IT'S A FIRM NO #IASK

If consent isn't active, enthusiastic, ongoing, informed, retractable, and sober, it's not consent.

Consent is...

**VOCAL**
More than just the absence of "no", consent requires "YES!"

**CONTINUAL**
Consent is needed every time and can be withdrawn anytime.

**CLEAR**
What both people want to do and not do is discussed, not assumed.

**ENGAGED**
Both people use verbal and nonverbal cues to show they are into it.

To learn more about consent visit:
[www.uwo.ca/health/student_support/survivor_support](http://www.uwo.ca/health/student_support/survivor_support)

Western Gender-Based Violence & Survivor Support Case Manager: 519-661-3568 or email support@uwo.ca
Anova 24-hour crisis & support line: 519 642-3000
Regional Sexual Assault and Domestic Violence Treatment Program 24/7 St. Joseph’s Hospital, 519 646-6100 ext 64224
CMHA Crisis Centre & Reach Out 24/7 Crisis and Support Services: 519 433-2023
Talk4Healing (available in 14 different Indigenous languages): 1-855-554-HEAL

Learn more!